



May 2026

# The Y's Women Newsletter

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## GENERAL MEETINGS

*Open to members and their guests*

**Place:** Green's Farms Church, 71 Hillandale Road, Westport  
**10:45 am** Coffee and Conversation  
**11:20 am** Announcements  
**11:30 am** Speaker

*NOTE: Extra parking is available in front of the large lot on the grass and across the street in front of the Minister's house.*

## May 11 – A Q&A with US Congressman Jim Himes



Congressman Jim Himes was first elected to Congress in 2008 to represent Connecticut's Fourth District. He currently serves on the Permanent Select Committee on Intelligence.

Born in Lima, Peru while his father was working abroad for the Ford Foundation, he later grew up in New Jersey. After graduating from Harvard University, he studied and received his Masters in Philosophy from Oxford University. Mr. Himes began his career at Goldman Sachs, and in 2002 he entered public service with his first job on the Greenwich, CT Housing Authority. Running for Congress and winning in 2008, he continues to serve the people of the Fourth District.

Instead of simply having the Congressman report on what is happening in Congress, he will be ready to answer our questions. To make sure this process runs smoothly, please give some advance thought to what you may want to know more about, and submit your question in writing to Catherine Albin before the meeting starts.

## INTEREST GROUPS

**(Y's Women Members only)**

*NOTE: All Y's Women who participate in meetings held at the Westport Center for Senior Activities must be registered with the Center and check in before each meeting.*

**Book Group 2** will meet at the Westport Center for Senior Activities on Thursday, May 7 from 1:15 to 2:45 pm. We will be discussing *My Friends* by Fredrik Backman. Please contact Nancy Bloom at [nancyerb@aol.com](mailto:nancyerb@aol.com) if you have any questions.

**Book Group 3** will meet at the Westport Center for Senior Activities on Friday, May 8 at 10:30 am. We'll discuss *An Unfinished Love Story: A Personal History of the 1960s* by Doris Kearns Goodwin. New members are welcome. If you have any questions, please contact Doris Levinson at [drjlevinson@gmail.com](mailto:drjlevinson@gmail.com).

**The Movie Club** will meet on Wednesday, May 20 at the Westport Center for Senior Activities. We meet informally at 2:00 pm to give members a chance to socialize, and our discussion begins at 2:30. Our room often changes, so be sure to ask the front desk about our location. We are limited to 25 attendees, so please confirm your attendance with Margaret Mitchell by May 17.

We will discuss the movies *Being the Ricardos* and *Forgotten Love*. *Being the Ricardos* is scheduled to

*(continued on page three)*

## Donations to Mercy Learning Center

Please bring donations of nonperishable food, diapers, and female daily necessities to the first Y's Women meeting each month. They can be left at the back entrance of the Green's Farms Church prior to the meeting. Thank you for whatever you can do.

*Y's Women's  
Spring Picnic and Annual Meeting*

*WEDNESDAY, June 3, 12:00 pm*

*Boathouse Restaurant  
Saugatuck Rowing Club  
521 Riverside Avenue*

*Cost: \$50 per person*

*Hot buffet, salads, and dessert.  
Cash bar available.*

*Send a check for \$50, made out to Y's Women, to:  
Terry Queirolo, 305 Foxboro Drive, Norwalk, CT 06851.  
Or bring your check to the May 11 General Meeting.*

*Questions: contact Terry at 847-4121 or [tmq44@icloud.com](mailto:tmq44@icloud.com).*

*Payment must be received by Tuesday, May 26.  
No walk-in exceptions.*



*I will attend the Spring Luncheon and Annual Meeting.*

*Name: \_\_\_\_\_*

*Phone: \_\_\_\_\_*

*Email address: \_\_\_\_\_*

## INTEREST GROUPS

(continued from page one)

be broadcast on PBS Reel 13 at 9:00 pm on May 16. *Forgotten Love* is available on Netflix.

*Being the Ricardos* is a 2021 American biographical drama, written and directed by Aaron Sorkin, about the relationship between *I Love Lucy* stars Lucille Ball and Desi Arnaz. Nicole Kidman and Javier Bardem star as Ball and Arnaz, while J. K. Simmons, Nina Arianda, Tony Hale, Alia Shawkat, Jake Lacy, and Clark Gregg are featured in supporting roles.

*Forgotten Love* is a 2023 Polish drama directed by Michał Gazda and produced by Netflix. It is an adaptation of the novel *Znachor* by Tadeusz Dołęga-Mostowicz, with Leszek Lichota in the main character role. The film premiered on Netflix in September 2023 and became one of the most-watched movies of the week as well as the fourth most-watched movie worldwide.

If you wish to be added to the email list for future events, please contact Margaret Mitchell at [mar-garet06824@yahoo.com](mailto:mar-garet06824@yahoo.com) or 255-9094.

**Lunch and Trivia** will meet at noon on Thursday, May 21 at the VFW Hall. The cost is \$25 (cash only). If you wish to attend, please contact Vicki Alli at [victoria.alli@gmail.com](mailto:victoria.alli@gmail.com) or Pat Winter at 303-324-5805.

The **Mah Jong** group will meet each Thursday in May at 1:00 pm at the Westport Center for Senior Activities. This game is for Mah Jong “mavens” who are experienced players. For information, contact Mona Unser at [mona.unser@gmail.com](mailto:mona.unser@gmail.com).

**NewsTalk:** Interested in national and world affairs? Join other Y’s Women for lively and informative discussions at NewsTalk. We meet the fourth Thursday of each month. Our next meeting is scheduled for May 28 from 10 - 11:30 am at the Westport Library, McCall Room. For information, contact Becky Ruthven at [bruthven06880@gmail.com](mailto:bruthven06880@gmail.com).

**Scrabble** meets every Tuesday at 10:30 am at 214 Lansdowne in Westport. Please contact Pennie More at [pcmore2@gmail.com](mailto:pcmore2@gmail.com) to reserve a seat at the table.

**Solos** will be going to **Mexica restaurant**, 221 Post Road West, Westport for lunch on Thursday, May 14 at 12:30 pm. We will be able to order off the menu and have separate checks. For reservations, contact Terry Queirolo at 858-1470 or [tmq44@icloud.com](mailto:tmq44@icloud.com) by Tuesday, May 12.

## TUESDAYS AT THE BEACH

Hosted by Solos for **All Y’s Women**

We will once again be able to meet on Tuesdays at Compo Beach this summer without a pass. (Just tell them at the gate that you are with Y’s Women.) You may start going on Tuesday, May 5 – and we will start meeting as a group on Tuesday, May 19 between 4:00 and 4:30 pm, weather permitting. We will be meeting at a different spot this year – at the other end of the beach, between the trees and the restroom nearer the Y’s Men. Bring your beach chair and your dinner if you wish, and join us for many pleasant evenings of socializing.

**The New Yorker Discussion Group** meets on the second Tuesday of each month from 10:30 to noon in the Westport Library, Room 216. Each group member selects an article from one of the previous month’s issues and emails her choice to all on the group distribution list. The group’s moderator, Ellen Cahill, sends a final reading list and hosts the meeting. Each participant leads the group discussion about her article for about 15 minutes. The group has met for several years and welcomes new participants. If you’re interested, please contact Ellen Cahill at [ellenjcahill@hotmail.com](mailto:ellenjcahill@hotmail.com) or 856-6561.

## IN MEMORIAM

We are sad to report the deaths of three current or former Y’s Women during April:

- **Joan Nathan** passed away on April 2 at the age of 97. Joan was a very active early Y’s Woman, serving as Treasurer for a number of years. She also launched our newsletter and served as editor for 10 years.
- **Deborah Green** passed away on April 24 at the age of 84. She was a current Y’s Woman and a respected member of Book Group 2 for many years.
- **Dot Definis** passed away during April at the age of 98. She was a long-time member of Solos.

## CARPOOL & GO!

Please join Carpool & Go on Thursday, May 28 when we'll visit New Canaan's **Grace Farms** for a 90-minute guided tour around the 80-acre property and through its elegant glass structures, which were designed so visitors can view the beautiful surrounding landscape. Since opening in 2015, the center has won awards for its innovative architecture and is a destination for the visual and performing arts and music programs. Following the tour, we'll have a catered lunch at the center. We can choose between a chicken or vegetarian sandwich.

We'll meet behind Wells Fargo Bank in Trader Joe's parking lot at 10:00 am with a 10:15 departure. The 11:00 guided tour will cost \$18 per person, and the lunch, \$22.54. Since the center also imposes a lunch catering fee, there will be a small additional cost per person depending on the number in our party.

After contacting Jill Meyer at 226-4310 or [jill@awayfortheday.net](mailto:jill@awayfortheday.net) to reserve your place, please mail your check for \$40.54 payable to Jill at 137 Lansdowne, Westport, CT 06880, and indicate your

sandwich choice. The gas reimbursement for your driver will be \$6 in cash. Please indicate whether you can drive, as drivers are always needed and appreciated.

### Directions:

Take the Merritt Parkway South to exit onto CT Rte. 123 North, New Norwalk Road, which will become Smith Ridge Road. Turn left on Puddin Hill Ridge and left again onto Lukes Wood Road. Our destination is 365 Lukes Wood Road.

Jill Meyer, 216-7666

Lydia Menendez, 543-7484



*The Jewels of Westport had a very special tour of the Art, Jazz, & the Blues exhibition at the Museum of Contemporary Art (MoCA). We were escorted personally through the exhibit by one of the curators, Ive Covachi. As we walked along the walls covered in amazing works by phenomenal artists like Eric von Schmidt and Romare Beardon, the connection of their art and the music of the times was thoroughly brought to light. Many of the members said they planned to return with their families.*